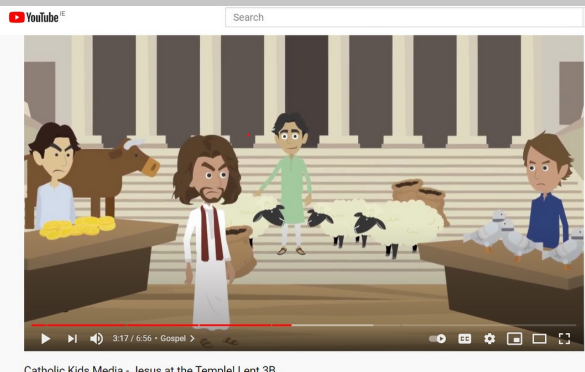


**IDEAS from  
your parish**

A Catechetical Initiative of the Diocese of Ferns

# 3RD SUNDAY OF LENT

## A wonderful video with the Mass readings and a reflection



Catholic Kids Media - Jesus at the Temple! Lent 3B

Follow this link:

<https://www.youtube.com/watch?v=JvxTsBkhQVc>

## Freedom to worship

In the First Reading, God has just freed the Israelites from slavery in Egypt and now He gives Moses the Ten Commandments. God gave us the Commandments to teach us true freedom and genuine love, so that we can be truly happy. Following these really means loving what God loves.

"I am the Lord your God, you shall have no gods except me" is the first commandment. We all have something that is first place in our lives. This commandment is the most important because it means recognising the truth that God really is the God of our lives and so He needs to be first place.

In the Gospel, Jesus goes into the temple. This is the place to worship and be close to God. But He sees that it has turned into a marketplace. Jesus gets angry and drives them out. The people have forgotten to put God in first place and their worship and relationship with God is a bit shaky. Jesus restores the temple to its purpose.

## Almsgiving

We have all seen the Trócaire boxes we get during Lent. Do you use them? Why do we get them during Lent?



Lent is a time of prayer, fasting and almsgiving. Almsgiving means giving to others especially the poor. The church asks us to give as an act of love to others who are in need.

We can give some of our pocket money.  
We can give some of our toys or clothes to charity.  
We can give our time to help someone.

This week try to start the day by saying thank you to God for all that you have around you.

Try to share these blessings with others during Lent.

**Mass Readings can be found on  
[CatholicIreland.net](http://CatholicIreland.net)**

## Saint of the Week:

St John of God knew how to love. He acted immediately when he saw someone in need. He saved patients from a burning hospital without a second thought. He sheltered the sick and the poor and begged on the street to feed them.

His love was spontaneous. He died after getting sick from jumping into a river to try to save a boy who was drowning.

His feast day is Monday March 8th.